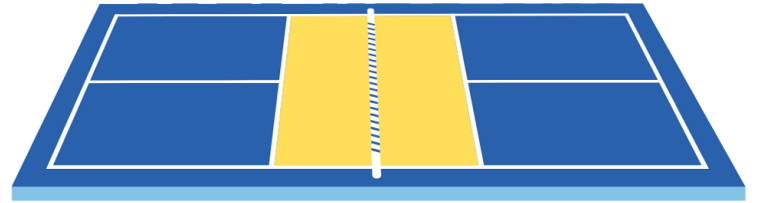


Cascade Area



Pickleball not only has the fun factor, but also has physical, mental, and social benefits that go along with it!

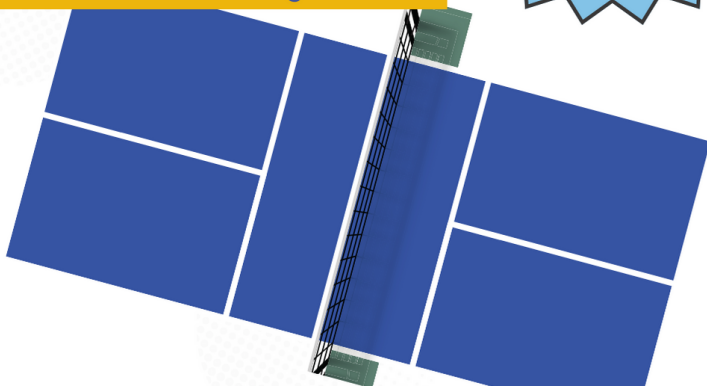


Thanks to its perforated ball — which slows the game down — and smaller court, pickleball demands less raw athletic ability than many other sports, giving it a broad appeal, with many kids and seniors picking up the game.

- Pickleball is a great workout specifically for your balance and agility and it offers the same benefits of other regular exercise:
 1. *reduces your risk of heart attack and chronic disease*
 2. *tones your muscles and burns calories*
 3. *increases your energy*
- Playing Pickleball improves your mood and has a positive impact on mental health.
- Most of all, Pickleball is a social sport where you will create friendships anywhere you go, a boost for your overall well-being.

4 COURTS DEDICATED FOR PICKLEBALL

New Park in Oak Hill Neighborhood



**Our Goal:
\$180,000**

We're in a pickle!

**The ball is in
your court.**

**We appreciate
your support!**

There are currently 3 pickleball courts painted on the tennis courts at City Park on the southwest side of Cascade.

There are many active players who vie to play four to a court at various times multiple days a week.



We are fundraising for the construction of 4 courts.

This will include the prep of land, concrete courts with posts, fencing, surface and line painting, and possible sidewalks, lighting and seating.

- Court Complex Naming: \$180,000
- Full Court Sponsor: \$45,000
- Half-Court Sponsor: \$22,500
- Platinum Level: \$10,000
- Gold Level: \$5000
- Silver Level: \$2500
- Bronze Level: \$1000
- Friends of Pickleball: \$500





All donors will be recognized.

Friends of Pickleball will be named in the Cascade Pioneer as well as at the grand opening celebration.

All others to be listed same as above and displayed at the pickleball complex appropriate to contributions.

Any and all donations are most welcome!

 **Please return this section with your contribution. Thank you!** 

Name: _____

In Memory of: (if applicable) _____

Address: _____

Phone: _____ E-Mail: _____

Amount Enclosed: _____ **Pledge Due October 15, 2024:** _____

Please make payment out to:
Cascade Enhancement/Pickleball
Mail to: Jacquie Manternach
1108 3rd Ave SE
Cascade, Iowa 52033

*Want to make an in-kind donation?
Have other questions?
Call or email Terry and Jan Frasher
563-231-1095 tnjfrasher@gmail.com*